



Union for Diplomate Homeopathic Physicians

24th March 2023

The Editor
Hindustan Times
Hindustan Times House,
18-20, Kasturba Gandhi Marg
New Delhi - 110001,
India

Copy to:

LMHI
Liga Medicorum Homoeopathica Internationalis, 1400 Sk.Baysak 1 Ishani N:9/3 Alsancak-Izmir,
Turkey
<https://www.lmhi.org/>

Faculty of Homeopathy (UK)
CAN Mezzanine, 49-51 East Road, London N1 6AH, UK
<https://facultyofhomeopathy.org/>

NCH (USA)
National Centre for Homeopathy, PO Box 1856, Clarksburg, MD 20871-1856, USA
<https://www.homeopathycenter.org/>

National Commission for Homeopathy (India)
61-65, Institutional Area, Opp. 'D' Block, Janak Puri, New Delhi- 110058, India
<http://nch.org.in/contact-us>

HRI
Homeopathy Research Institute, International House, 142 Cromwell Road, Kensington
London SW7 4EF, UK
<https://www.hri-research.org/>

Dear Sir,

**Article “‘This is crazy!’: Doctor flags alcohol amount in homeopathic drugs, warns 'happy people'”
by HT News Desk - 14 March 2023**

Union for **D**iplomate **H**omeopathic **P**hysicians (UDiHoP)

The objective of the Union shall be the dissemination of Classical Homeopathy according to the principles
of Dr. Samuel Hahnemann, Dr. James Tyler Kent, and Prof. George Vithoulkas
website: <https://www.udihop.net>
email: info@udihop.net



Union for Diplomate Homeopathic Physicians

Concerning your recent article about the alternative medicine Homeopathy entitled “*This is crazy!': Doctor flags alcohol amount in homeopathic drugs, warns 'happy people'*”

<https://www.hindustantimes.com/india-news/just-rival-business-crazy-doctor-flags-alcohol-amount-in-homeopathic-drugs-101678802324173.html>

by HT News Desk published online on 14 March 2023; we would like to clarify these serious misconceptions about Classical Homeopathy with the following information.

Firstly, we must draw your attention to the fact that so many writers, journalists and other assorted so-called ‘scientific’ or ‘medical’ critics of Homeopathy are not inclined to garner much scientific knowledge about authentic Homeopathy and it is clear from their published works that they only spend a few minutes to surf the internet, chat with a couple of fellow sceptics before hacking out a summary of what they believe covers the ‘story’. This *modus operandi* might indeed work for mainstream subjects, but it fails miserably when it comes to understanding the rigorous scientific discussions concerning traditional Classical Homeopathy.

Secondly it is well known there are senseless and strange ideas in alternative medicine - as indeed there are in conventional medicine - but those foolhardy theories and practices ascribed to what they deem ‘homeopathy’ must not be confused with the effective Classical Homeopathy, as was promulgated by Dr. Samuel Hahnemann. We therefore urge you to read Professor George Vithoulkas’ Article published in 2008, “*British media attack on Homeopathy: Are they justified?*” Here Professor Vithoulkas severely condemns the so-called “new ideas” believed to be ‘homeopathy’ which do not bear any relation to the stringent principles, scientific theory and exacting practice of traditional Classical Homeopathy. (<https://www.thieme-connect.com/products/ejournals/html/10.1016/j.homp.2008.02.004>). The HT News Desk article has incorrectly associated such foolhardy theories and practices with Classical Homeopathy, when they clearly have nothing to do with conventional Homeopathy.

Throughout the HT News Desk article there is repeated lack of understanding regarding the composition and manufacture of homeopathic medicines. For example, a supposed excess of alcohol in genuine homeopathic products is an incorrect assumption and is merely clickbait for sceptics. Homeopathic remedies are extreme ‘dilutions’ of crude drug substances with alcohol OR distilled water used in their ‘dilution’. Should alcohol be used as a carrier, stabiliser and preservative in the manufacture, then most of the alcohol evaporates off the sugar pills during the drying process so they are then almost alcohol free. If homeopathic remedies are supplied for use in a liquid form, alcohol may have been added at the final stage of preparation to preserve this liquid, this liquid may be taken directly as one drop only, or one drop can be used to medicate a phial of e.g. 80 to 100 sugar pills. Therefore, you can see that the actual amount of alcohol in a genuine homeopathic remedy is infinitely small. It is therefore crucial to research the composition and manufacture of traditional homeopathic medicines and compare these with other OTC products calling themselves homeopathic (like Dr Cyriac Abby Philips’ combination mixture *Sativol*). These OTC concoctions are not traditional homeopathic medicines, and this was exactly the content of the speech of Professor George Vithoulkas at the Council of Europe (see details below):

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“In May 1998, the Social, Health and Family Affairs Committee heard Mr Vithoukias, a homeopath who has been awarded the Alternative Nobel Prize, and who identifies three separate categories: firstly, alternative medicine, which includes homeopathy and acupuncture; secondly, complementary medicine, which includes osteopathy, chiropractic, herbal medicine, naturopathy and so on; and a third, paramedical, category comprising techniques such as music therapy and meditation which bear no relation to medicine proper.” - COUNCIL OF EUROPE / Parliamentary Assembly, Doc. 8435 / 11 June 1999, *A European approach to non-conventional medicines*, Report: Social, Health and Family Affairs Committee, Rapporteur: Ms Lara Ragnarsdóttir, Iceland, European Democratic Group

Homeopathy *does* work when it is practised and prescribed correctly. The effects after correctly prescribed *homeopathic* medicines are plain to see, and they certainly are *not* placebo. Much published research is based upon double-blind, randomized, placebo-controlled clinical trials. We request you take the time to read below a few scientific papers displaying impressive cured cases with Homeopathy. <https://www.vithoukias.com/research/clinical-cases>

Also note that a significant number of credible and positive experimental studies on Homeopathy at molecular, cellular and clinical levels which have been published in peer review medical and scientific Journals are presented below for the serious researcher. The research papers are categorised into three groups which you may view separately using the hyperlinks (in brackets): Human Studies, Animal Studies and *In Vitro* Studies. These papers have been rigorously researched and produced by medical scientists, and have been approved and published in internationally-recognised, highly-respected Journals or other approved scientific sources of research material: <http://www.vithoukias.com/research/positive-articles>

We consider it expedient for you to view the recent Swiss Report about Homeopathy: <http://www.springer.com/la/book/9783642206375>

We are also including these useful links from the World Health Organisation (WHO) about Homeopathy for your perusal:

http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090_eng.pdf?ua=1

http://apps.who.int/iris/bitstream/10665/44238/1/9789241598842_eng.pdf

We consider it our mutual moral duty to support and defend the Human Rights of people which include the innate desire of patients to choose the therapeutic modality they feel is better for themselves. An important issue of democracy is respect for the patient, and improvement of quality of life for humanity.

We trust you have taken the time to carefully read all the foregoing and that you now understand

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that thousands of effective treatments with Classical Homeopathy all over the world for centuries owe more than just belief in its effectiveness. Homeopathy works and the health benefits from Classical Homeopathy are seen on a daily basis in patients of all ages. We will add that Classical Homeopaths have seen Classical Homeopathy *work* - with sceptical adults, and also with small infants and animals as well – where belief *per se* does not exist.

Therefore, we conclude that your article *“This is crazy!': Doctor flags alcohol amount in homeopathic drugs, warns 'happy people'”* by HT News Desk is poorly researched, biased to the point of ignorance, and not the quality of article one should encounter in the India News section of *Hindustan Times*; India is the blessed country where Homeopathy is effectively used to heal millions of good Indian souls. I request you publish this letter forthwith and, moreover, await your apology to millions of medically-trained homeopathic doctors. If you should need further clarification, we are at your disposal to send you additional details about the magnificent work being done at present around the world by authentic Classical Homeopaths.

Yours faithfully

Dr Tamara Kozylenko, MD, PhD

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President UDiHoP

per Union for Diplomate Homeopathic Physicians

UDiHoP (a purely scientific association of Medical Doctors, Dentists and Veterinarians with a Diploma from the IACH for the dissemination of Classical Homeopathy)

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