

Alonissos, Greece 6<sup>th</sup> November 2017

Mrs Margarita Simonyan  
Editor in Chief  
Russia Today

E-mail: [info@rttv.ru](mailto:info@rttv.ru)  
and [producersgroup@rttv.ru](mailto:producersgroup@rttv.ru)

Dear Madam,

### **FACTS ABOUT HOMEOPATHY**

Concerning your recent article about homeopathy, “Homeopathy faces tough promotional limitations in draft bill by Russian senator” published online on 6 Oct, 2017 ( <https://www.rt.com/politics/405860-russian-senator-proposes-limitations-homeopathy/>) we would like to clarify your serious misconceptions about homeopathy with the following information. (It should also be noted that you have misquoted the wrong Senator in your article, which should have read Senator Anton Belyakov from the Russian Federation, and NOT Senator Andrey Belyakov from the Republic of Belarus, your error of which questions the overall credibility of the article.) *Nota bene*: I will only answer to you with **facts** and I will be more than happy to hear from you concerning **facts**.

It is well known that there are senseless and strange ideas in alternative and complementary medicine but these must not be confused with the serious and effective medicine, Homeopathy, as was promulgated by Dr. Samuel Hahnemann.

<https://www.vithoukas.com/writings/articles/british-media-attack-homeopathy-are-they-justified>

**Classical Homeopathy** is a therapeutic modality, a medicine in fact, which is based on the principle that the possibility of cure for a particular disease can often be achieved through the expert application of specially-prepared pharmaceutical substances which, when administered to a healthy person, have been proven to produce the similar symptoms as

those of the disease in question. These proven substances are then effectively prescribed to sick persons.

**Classical Homeopathy** does not claim to cure everything but, significantly, it is very successful in the beginning stages of chronic conditions where conventional medicine can do very little. Homeopathy intervenes where conventional medicine can hardly do anything, especially at the beginning of chronic disease, where the disturbance has mainly been, and is still, of a functional character. When there is intervention with the correct homeopathic remedy, this can often stop further development of the disease.

**Therefore, we have to separate homeopathy from other so called therapeutic methods.** This was exactly the content of the speech of Prof. George Vithoukcas at the Council of Europe (see details below):

**COUNCIL OF EUROPE / Parliamentary Assembly**

Doc. 8435 / 11 June 1999

A European approach to non-conventional medicines

Report

Social, Health and Family Affairs Committee

Rapporteur: Ms Lara Ragnarsdóttir, Iceland, European Democratic Group

Summary

....

7. In May 1998, the Social, Health and Family Affairs Committee heard Mr Vithoukcas, a homeopath who has been awarded the Alternative Nobel Prize, and who identifies three separate categories: firstly, alternative medicine, which includes homeopathy and acupuncture; secondly, complementary medicine, which includes osteopathy, chiropractic, herbal medicine, naturopathy and so on; and a third, paramedical, category comprising techniques such as music therapy and meditation which bear no relation to medicine proper.

It is important that you take time to read below the latest papers displaying **impressive cured cases with Homeopathy:**

<https://www.karger.com/Article/Abstract/481819>

<http://journals.sagepub.com/eprint/hbdbbyJAjF3v37WZEIP5Y/full>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5467251/>

[http://journals.sagepub.com/doi/abs/10.1177/2156587216682168?url\\_ver=Z39.88-2003&rfr\\_id=ori:rid:crossref.org&rfr\\_dat=cr\\_pub%3dpubmed](http://journals.sagepub.com/doi/abs/10.1177/2156587216682168?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%3dpubmed)

<http://www.ijrh.org/article.asp?issn=0974-7168;year=2015;volume=9;issue=2;spage=114;epage=122;aulast=Mahesh>

[https://www.vithoukas.com/sites/default/files/writings/Homeopathy\\_Infertility.pdf](https://www.vithoukas.com/sites/default/files/writings/Homeopathy_Infertility.pdf)

**Also note that a significant number of credible and positive experimental studies on homeopathy** at molecular, cellular and clinical levels which have been published in peer review journals are presented below for the serious researcher. The research papers are categorised into three groups which you may view separately using the hyperlinks (in brackets): Human Studies, Animal Studies and In Vitro Studies. These papers have been rigorously researched and produced by medical scientists, and have been approved and published in internationally-recognised, highly-respected Journals or other approved scientific sources of research material:

<http://www.vithoukas.com/research/positive-articles>

I think it will also be expedient for you to see the recent **Swiss Report about homeopathy:**

<http://www.springer.com/in/book/9783642206375>

Including these very useful links from the **World Health Organisation (WHO) about Homeopathy:**

[http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090\\_eng.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/92455/1/9789241506090_eng.pdf?ua=1)

[http://apps.who.int/iris/bitstream/10665/44238/1/9789241598842\\_eng.pdf](http://apps.who.int/iris/bitstream/10665/44238/1/9789241598842_eng.pdf)

In the following link you will find **a selection of positive references, decisions and directives** from the World Health Organisation (WHO), the European Parliament, the Council of Europe and Others from 1975 to 2017:

<https://www.vithoukas.com/research/recognition-homeopathy>

I will now respectfully draw your attention to the fact that **Prof. George Vithoukas was awarded with the Right Livelihood Award (Alternative Nobel Prize) in 1996**, *"for his outstanding contribution to the revival of homeopathic knowledge and the training of homeopaths to the highest standards."*

<http://www.rightlivelihoodaward.org/laureates/george-vithoukas/>

It is our mutual moral duty to support and defend **the human rights of the people, and the instinctive desires of patients, to choose the therapeutic modality they feel is better for themselves**. This is an important issue of democracy: respect for the patient, and improvement of quality of life for humanity.

I am at your disposal to send you additional details if you need further clarification.

Yours sincerely,

**Maria Chorianopoulou**

Maria Chorianopoulou, PhD  
Director of Studies of IACH  
Assistant to Professor George Vithoukas  
Lecturer of Panteion University  
+30 697 2393355  
<https://www.linkedin.com/in/chorianopoulou>  
[maria@vithoukas.com](mailto:maria@vithoukas.com)  
[www.vithoukas.com](http://www.vithoukas.com)  
[www.vithoukas.edu.gr](http://www.vithoukas.edu.gr)