

Homeopathic Patients Create the First Users Association in Catalunya

Thursday, April 6, 2017

On a released announcement by the association this past Thursday, the Catalans homeopathic patients have united in order to create the first of its kind Asociación Catalana de Pacientes, Amigos y Usuarios de Homeopatía¹ (ACPAUH).

¹ *in English: Catalan Association of Patients, Friends and Users of Homeopathy.*

On the occasion of the International Homeopathy Day, to be celebrated on the 10th of April, the patients have announced the creation of this association entity aiming to “ensure people’s freedom of choice related to the management of their own health”, as well as to make homeopathy more accessible to every community that could be benefited from it.

In a time when a lot of people has erroneous ideas related to this kind of medication and according to the president of the ACPAUH, Miguel Peralta, this association pretends to develop promotional activities to spread information related to this therapy.

His point of view states that this is an imperative requisite in order to allow people exercise their freedom of choice in an informed way: “*We as patients have the right to choose the treatments we use, since we are the most interested of our own health*”.

43% HAVE USED HOMEOPATHY

In a study related to the use and understanding of homeopathy, shows that the 82% of the users of this therapy in Spain are satisfy or very satisfy with this treatment, and an 87% would recommend it to family members or friends.

In Catalunya, 43% of its population have used at a certain moment homeopathic medication, and 39% claims to have visited a homeopathic physician.

According to Peralta, the association reminds that the homeopathic medication are regulated and authorized by the EU and other countries, besides this, the WHO (World Health Organization) in its strategic plan 2014-2023, recommended the integration of this therapy in the health and educational systems.